

**ORIN C. DAVIS, PH.D.**

odavis@qllab.org

617-329-1623

**EDUCATION**

2010 Ph.D., Positive Organizational Psychology, Claremont Graduate University, Claremont, CA  
2009 M.A., Positive Organizational Psychology, Claremont Graduate University, Claremont, CA  
2004 B.S., Neuroscience, Psychology, Brandeis University, Waltham, MA

**ACADEMIC AWARDS/HONORS**

2010 Earned first doctorate in positive psychology  
2009 Sigma Xi  
2008-2010 Positive Psychology Fellow, Claremont Graduate University  
2000-2004 Justice Brandeis Scholar, Brandeis University

**PROFESSIONAL ACTIVITIES**

Editorial Board: *International Journal of Wellbeing* (2010-Present)  
Consulting Editor: *Dreaming* (2010), *International Journal of Medical Education* (2010), *Journal of Positive Psychology* (2013), *Journal of Happiness Studies* (2014)  
Memberships: American Psychological Association (Divisions: 10, 30), Academy of Management, International Positive Psychology Association, Sigma Xi

**CURRENT**

***Principal Investigator, Quality of Life Laboratory***, New York, NY; [qllab.org](http://qllab.org) **2010-Present**

- *Research: Creativity, Flow (Optimal Experience), Hypnosis, Mentoring*
- *Advising:* Advising multiple graduate students on research projects related to high performance and self-actualization (e.g., self-insight, ideal life, creativity and job performance)
- *Consulting:* Improving employee performance by consulting on creativity/innovation, mentoring programs, diversity, and management-employee relationships
- *Writing/Speaking:* Creativity/Innovation blogger (*Front End of Innovation, Presconter*) and sought-out speaker about creativity/innovation, mentoring, hiring, diversity, and employee performance
- *Science Advisor:* Happify

***Chief Science Officer, Self Spark***, Washington, DC; [selfspark.com](http://selfspark.com) **2012-Present**

- Conducting field research on interventions aimed at enhancing self-actualization
- Maintaining Self Spark's open science policy to make all research and data publicly available
- Integrating and evaluating research across multiple fields to develop the self-actualization canon

***Faculty*** **2013-Present**

- Lecturer, University of Massachusetts Boston, Boston, MA (Creativity, Critical Thinking)
- Adjunct Assistant Professor, Baruch College, New York, NY (Psychology, Statistics)

**PUBLICATIONS**

**Davis, O.C.**, & Gao, X. (2014). Factors that contribute to the willingness to try street hypnosis. *International Journal of Clinical and Experimental Hypnosis*, 62(4), 425-464.

Mohl, J.A., & **Davis, O.C.** (2014). Tossing the baby out with the (magnetized) bathwater: Comment on studies by Jacobson and colleagues. *American Journal of Clinical Hypnosis*, 57(1), 3-12.

**Davis, O.C.** (2010). The Creative Personality as a Lens for the Union of Ego-State and Ericksonian Therapy. *Contemporary Hypnosis*, 27(1), 42-47.

**Davis, O.C.**, & Nakamura, J. (2010). A proposed model for an optimal mentoring environment for medical residents: A literature review. *Academic Medicine*, 85(6), 1060-1066.

Wrase, J., Makris, N., Schumann, G., Braus, D.F., Mann, K., Treutlein, J., Frank, J., Puls, I., Smolka, M.N., Kennedy, D.N., Caviness, V.S., Hodge, S.M., Tang, L., Albaugh, M., Ziegler, D.A., **Davis, O.C.**, Kissling, C., Gasic, G.P., Breiter, H.C., Heinz, A. (2008). Amygdala volume associated with alcohol abuse, relapse, and craving. *American Journal of Psychiatry*, 165(7), 1179-84.

**Davis, O.C.**, Geller, A.S., Rizzuto, D.S., Kahana, M.J. (2008). Temporal associative processes revealed by intrusions in paired-associate recall. *Psychonomic Bulletin and Review*, 15(1), 64-69.

Diamond, S.G., **Davis, O.C.**, Howe, R.D. (2008). Heart Rate Variability as a Quantitative Measure of Trance Depth. *International Journal of Clinical and Experimental Hypnosis*, 56(1), 1-18.

Diamond, S.G., **Davis, O.C.**, Schaechter, J.D., Howe, R.D. (2006). Hypnosis for Rehabilitation after Stroke: Six Case Studies. *Contemporary Hypnosis*, 23(4), 173-180.

**WORKING PAPERS, WHITE PAPERS, & SUBMITTED PUBLICATIONS**

**Davis, O.C.**, Bunin, V.A., & Dao, T. (2014). Enhanced Ideation with an IdeaKeg. (White Paper for Kiln Ideas, Ltd.).

**Davis, O.C.** (2012). Mentoring interns and entry-level employees. (White Paper for Intern Bridge).

**Davis, O.C.** (2010). Why the workplace needs positive psychology. (Working Paper).

Katz-Buonincontro, J., **Davis, O.C.**, Aghayere, A., Reisman, F., Rosen, D. (Under Review). Outcomes of student experience in creativity-infused engineering technology courses.

## **PUBLICATIONS IN PREPARATION**

**Davis, O.C.**, Neogy, I., Fraley, G., Bunin, V.A., Hammer, K. Using kinesthetic tools that reflect cultural trends to spark mashups in workplace innovation.

**Davis, O.C.**, Nakamura, J., & Csikszentmihalyi, M. Making the most of waiting time.

Gao, X., Ma, J.J., & **Davis, O.C.** You can, if you think you can: Subjective perspectives about current and ideal life reflecting positive well-being.

van den Hout, J.J.J., **Davis, O.C.**, Walrave, B., & Weggeman, M.C.D.P. Toward a theory of team flow.

## **SELECTED POPULAR MEDIA PUBLICATIONS**

### ***CREATIVITY/INNOVATION***

- The Game that Destroys Innovation. ([Part 1](#); [Part 2](#); [Part 3](#)). *Front End of Innovation*.
- [Why Thinking Outside the Box Is Not Very Creative](#). *PreScouter Journal*.
- [The Myth of Hiring Passionate Employees](#). *Front End of Innovation*.
- [Two Indecorous Truths About Innovation](#). *Front End of Innovation*.
- [What Happens to Ideas?](#) *Front End of Innovation*.
- [What Does it Take to Innovate? \(7 Principles\)](#). *Front End of Innovation*.

### ***IMPROVING THE WORKPLACE***

- [Why You Can't Find Talent](#). *Prescouter*.
- [Why the Workplace Needs Positive Psychology \(Executive Summary\)](#). (Working Paper.)
- [Bringing in the Talent: How an Innovating Company Can Get the Right People in the Door. \(Summary Blog Post\)](#). (Essay.)
- [Keeping Your Employees Happy on a Shoestring Budget \(Six Ways\)](#). *Gregg Fraley's Blog*.
- [Turn the Grind into the Grand with Serious Introductions](#). *Management Innovation eXchange*.

### ***MENTORING***

- [Mentoring Interns and Entry-Level Employees](#). (White Paper for Intern Bridge.)
- [Lighting Up the Sky: Lessons from Mentoring Research](#). *Positive Psychology News Daily*.

### ***PERSONAL DEVELOPMENT***

- [Reverse Engineering Positive Psychology](#). *Positive Psychology News Daily*.

## **GRANTS**

Dean's Travel Award – Claremont Graduate University -- \$250

Student Travel Grant – APA, 2009 Conference (Toronto) -- \$500

Student Travel Grant – APA Div. 30, 2009 Conference (Toronto) -- \$300

## INVITED TALKS

### 2014

- Help, I can't meditate! But I wish I could... **Orin C. Davis**. SelfSpark Spark Weekend DC.
- Encouraging Critical Thinking on College Campuses: Making Thinking Critical. **Orin C. Davis**. Judson College.
- How to Realize Your Potential. **Orin C. Davis**. Academi of Life.
- How to Find a Job You Love. **Orin C. Davis**. Academi of Life.

### 2013

- From Ad Hoc to Ad-Roit: Building High Performance Teams Out of Perfect Strangers. **Orin C. Davis**. University of Pennsylvania.
- Building Synergy and High Performance Through Team Flow. **Orin C. Davis**. Association of Change Management Professionals.
- Creativity in Daily Life and the Creative Personality. **Orin C. Davis**. Drexel University.

### 2012

- Creating Momentum [in business innovation]. KILNCo webinar panelist.
- Mentoring Interns and Entry-Level Employees. InternBridge webinar panelist.
- What It Takes to Start Innovating. **Orin C. Davis**. Positive Psychology Work Group.
- Hypnosis: How It Works and What It Does. **Orin C. Davis**. Brown University.
- Building Team Flow. **Orin C. Davis**. University of Pennsylvania.

### 2011

- Microflow: The Optimal Sub-Optimal Experience. **Orin C. Davis**. University of Pennsylvania.
- Microflow at Work. **Orin C. Davis**. Positive Psychology Work Group.
- What Is Microflow and How Do We Use It? **Orin C. Davis**. Positive Psychology Work Group.

### 2010

- Extending Flow and Group Flow to Business Teams. Jef van den Hout & **Orin C. Davis**. Technical University of Eindhoven.
- The Flow Experience of Business Teams. Jef van den Hout & **Orin C. Davis**. Universiteit Utrecht.
- Microflow: An Experience Worth Waiting For. **Orin C. Davis**. American Jewish University.

### 2008

- Investigations in Positive Psychology: Flow and Mircoflow. **Orin C. Davis**. American Jewish University.
- The Flow of What We Know: Methodologies in Positive Psychology. **Orin C. Davis**. Pomona College.

## CONFERENCE PRESENTATIONS

### 2014

- Using Experience Sampling Methodology to Understand the Nature of Learning in Engineering Technology Courses. Jennifer Katz-Buonincontro & **Orin C. Davis**. American Psychological Association.
- Validating a Measure of the Creative Personality. **Orin C. Davis**. American Psychological Association.
- The Implications of Microflow on Flow Theory. **Orin C. Davis**. European Conference on Positive Psychology.
- Toward a Theory of Team Flow. Jef van den Hout & **Orin C. Davis**. European Conference on Positive Psychology.

### 2013

- Microflow in the Workplace. **Orin C. Davis**. International Positive Psychology Association.
- The Theory of Team Flow. Jef van den Hout & **Orin C. Davis**. International Positive Psychology Association.
- The Gift of High Hypnotizability. John C. Mohl & **Orin C. Davis**. American Psychological Association.

### 2012

- Creativity in Daily Life and the Creative Personality. **Orin C. Davis**. American Psychological Association.
- Finding Microflow in the Workplace. **Orin C. Davis**. European Conference on Positive Psychology.
- Using the Team Flow Monitor. Jef van den Hout & **Orin C. Davis**. European Conference on Positive Psychology.
- Getting Complex, Getting Creative, & Getting Self-Actualized. **Orin C. Davis**. Positive Psychology in Action, Positive Health Promotion Forum.

### 2011

- Solitary Activities and Happiness Orientations. Thuy-vy T. Nguyen & **Orin C. Davis**. American Psychological Association.
- Toward a Theory of Team Flow. Jef van den Hout & **Orin C. Davis**. International Positive Psychology Association.
- Microflow: The Optimal *Sub-Optimal* Experience. **Orin C. Davis**. International Positive Psychology Association.

### <2011

- Hypnosis Myths in the Media and on the Stage. **Orin C. Davis**. American Psychological Association, 2010.
- Examining Ericksonian Hypnotherapy Through the Lens of the Creative Personality. **Orin C. Davis**. American Psychological Association, 2009.
- Jump! How High? Using ERPs in the Dorsolateral Prefrontal Cortex to Characterize Hypnosis. **Orin C. Davis**. Athinoula A. Martinos Center for Biomedical Imaging Retreat, 2005.

**ABSTRACTS/POSTERS****2014**

- van den Hout, J., & **Davis, O.C.** Toward a Theory of Team Flow. European Conference on Positive Psychology.
- van den Hout, J., & **Davis, O.C.** Team Flow Conditions. European Conference on Positive Psychology.

**2012**

- Nguyen, T.T., **Davis, O.C.**, & Deci, E.L. Intrinsic Striving for Excellence versus Introjected Pursuit of Perfection. International Conference on Motivation.
- Gao, X., & **Davis, O.C.** How Do Happy People See Their Lives Differently From Others? American Psychological Association.
- Gao, X., & **Davis, O.C.** Factors that Contribute to the Willingness to Try Street Hypnosis. American Psychological Association.

**2008-2011**

- Nguyen, T.T., Pearlman, S.L., & **Davis, O.C.** Developing Self-Insight: The Self-Determination Theory Perspective. International Positive Psychology Association, 2011.
- van den Hout, J., & **Davis, O.C.** Toward a Theory of Team Flow. European Conference on Positive Psychology, 2010.
- **Davis, O.C.**, Nakamura, J., & Csikszentmihalyi, M. Microflow: Models and Phenomenology. International Positive Psychology Association, 2009.
- **Davis, O.C.**, Nakamura, J., & Csikszentmihalyi, M. Toward an Optimal Mentoring Environment for Medical Residents. American Psychological Association, 2008.
- **Davis, O.C.**, Nakamura, J., & Csikszentmihalyi, M. A First Look at the Phenomenology of Microflow. Western Psychological Association, 2008.

**<2008**

- Kennedy, D.N., Kaiser, J.R., Albaugh, M.D., Normandin, J.J., Papadimitriou, G.M., Jackson, J.S., **Davis, O.C.**, Hodge, S.M., Tulloch, S.N., Boriel, D.L., Haselgrove, C., Piennar, R., Tang, L., Howard, J.D., Caviness Jr., V.S., Makris, N., & Yeterian, E.H. An MRI-based Wiring Diagram of the Human Cerebrum. Society for Neuroscience, 2005.
- Makris, N., Schmahmann, J.D., Howard, J.D., Kaiser, J.R., Hodge, S.M., Papadimitriou, G.M., Boriel, D.L., Tang, L., Tulloch, S.N., **Davis, O.C.**, Jackson, J.S., Haselgrove, C., Piennar, R., Hui, K.K.S., Seidman, L.S., Rauch, S., Caviness Jr., V.S., & Kennedy, D.N. Segmentation of the Human Cerebellar Cortex Using MRI-based Atlasing. Society for Neuroscience, 2005.
- **Davis, O.C.**, & Carrol, R.C. The Current State of Mind? How the Trafficking of AMPA Receptors Affects the Signaling at a Synapse. Albert Einstein College of Medicine Summer Undergraduate Research Program Abstract Compendium, 2003.

**TEACHING EXPERIENCE*****Adjunct Professor/Lecturer***Psychology

Attention and Perception, City University of New York, Baruch College	2014
Introduction to Psychology, City University of New York, Baruch College	2013-2014
Learning and Behavior, Brandeis University	2013
Introduction to Psychology, City University of New York, Medgar Evers College	2010-2011
Learning Theories, American Jewish University	2010

Statistics/Methods

Research Methods, City University of New York, Baruch College	2014
Statistics, City University of New York, Baruch College	2013-2014
Business Statistics, Yeshiva University, Sy Syms School of Business	2013
Pre-Statistics, Yeshiva University, Sy Syms School of Business	2013
Experimental Psychology, City University of New York, Medgar Evers College	2011

Management/Industrial-Organizational Psychology

Industrial-Organizational Psychology, City University of New York, Baruch College	2013
Positive Psychology in the Workplace (online), Project Polymath	2012

Creativity

Metacognition, University of Massachusetts Boston	2014
Tools and Techniques in Creativity (live lecture and online), Drexel University	2014
Creativity in the Workplace (live lecture and online), Drexel University	2013-2014
Foundations of Creativity (live lecture and online), Drexel University	2013

***STEP Instructor, Barnard College***, New York, NY

College Writing, Psychology, Algebra, Test Preparation (SSAT, SAT)	2013-2014
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***UCLA Summer Discovery Instructor***, Los Angeles, CA

Sport Psychology (high school)	2008-2009
Pre-Algebra (middle school)	2009
Spanish (high school)	2009

***Swing Dance Instructor***, Cambridge and Waltham, MA

East Coast, Charleston, and Basics of Rhythm, MIT Lindy-Hop Society	2004-2007
Basic Swing, MIT Independent Activities Period (IAP)	2005
East Coast Swing, Brandeis University; Coordinated/performed with troupe	2001-2004